

## **Simin Sajadi, MD**

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Theran, Iran

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### **Academic Position: Assistant Professor of Physical Medicine and Rehabilitation in:**

- Physical Medicine and Rehabilitation Department of Iran university of Medical sciences, 2010-now
- Geriatric Department of Iran university of Medical sciences

### **Education:**

- **Medical Doctor:**  
Tehran University of medical sciences, 1997-2005
- **Postgraduate Training:**  
Islamic Republic of Iran Army University of Medical Sciences, Physical Medicine and Rehabilitation Department, 2007-2010

### **Specialty Boards:**

Iranian Board of Physical Medicine and Rehabilitation, September 2010

### **Honors and Awards:**

First rank in Iranian Board of PM&R, September 2010

### **Memberships and scientific posts:**

Member of Iranian board of Geriatrics

Member of Neuromusculoskeletal Research Center

Member of Burn Research Center

## **Papers:**

### **Evaluation of Acupuncture in the treatment of restless legs syndrome: A Randomized Controlled Trial.**

Gholamreza Raissi, Bijan Forogh, Tannaz Ahadi, Samaneh Ghahramanpoori, Pouya Ghaboussi, **Simin Sajadi\***,

Journal of acupuncture and meridian study,2017, accepted

### **Effects of Galbanum Oil on Patients with Knee Osteoarthritis: A Randomized Controlled Clinical Trial**

M Karimi, SZ Emami-Razavi, M Khamessi, B Forough, K Mansoori, **Simin Sajadi**, Mohadeseh Azadvari. Traditional and Integrative Medicine 2016 1 (3), 101-107

### **Repeated sessions of transcranial direct current stimulation evaluation on fatigue and daytime sleepiness in Parkinson's disease**

B Forogh, M Rafiei, A Arbabi, MR Motamed, SP Madani, **S Sajadi<sup>a</sup>**,

Neurological Sciences,2017, 38 (2), 249-254

### **Effect of single injection of platelet-rich plasma in comparison with corticosteroid on knee osteoarthritis: a double-blind randomized clinical trial.**

B Forogh, E Mianehsaz, S Shoaee, T Ahadi, GR Raissi, **S Sajadi**

The Journal of sports medicine and physical fitness, 2015,56 (7-8), 901-908

### **Normal values of posterior antebrachial cutaneous nerve conduction study related to age, gender, height, and body mass index**

**S Sajadi**, K Mansoori, GR Raissi, SZE Razavi, M Ghajarzadeh

Journal of Clinical Neurophysiology. 2014, 31 (6), 523-528

### **Electromyographic studies regarding denervation potentials in skeletal muscles at sites near and distant from the burn in rats**

**S Sajadi<sup>a</sup>**, K Mansoori, B Forogh, MJ Fatemi, T Ahadi, M Chahardoli Razji

Neurological research,2016, 38 (4), 349-351

### **A comparison Of Magnetic resonance imaging with electrodiagnostic findings in the evaluation of clinical radiculopathy: A cross Sectional Study.**

Zahra RezaSoltani, **Simin Sajadi<sup>a</sup>**, Behrooz Tavana, 2013, European Spine Journal

### **Repeated sessions of transcranial direct current stimulation evaluation on fatigue and daytime sleepiness in Parkinson's disease**

B Forogh, M Rafiei, A Arbabi, MR Motamed, SP Madani, **S Sajadi<sup>a</sup>**

Neurological Sciences,2017, 38 (2), 249-254

**Comparison of biomechanical changes of lumbosacral region in acute and chronic low back pain patients with normal individuals**

Azizi S, Tavana B., Najafi Sh, Emami Razavi S. z., Jahangiri A., **Sajadi S**. Kowsar Medical Journal, 2011, 16 (3), 185-190

**How Could FAIR Test Modify the H Reflex in Gastrocnemius Muscle in Patients with Piriformis Syndrome?**

Najafi S, Azma K, Azizi S, Emadi A, Mahmoudabadi A, **Sajadi S**. Ann Mil Health Sci Res. 2011; 8 (4) :277-282

**Camparison of MRI & Electrodiagnostic study in evaluation of patients with clinical radiculopathy in 501 army hospital,1387-88.**

Rezasoltani Z, **Sajadi Sâ**, Tavana B, Akbarzadeh M, Emadi A, Mahmudabadi A. Ann Mil Health Sci Res. 2010; 8 (2) :98-103

**Evaluation of neuropathy in workers predisposed to inhalation of N-hexane .**

Najafi S, Mahmoudabadi A, Akbarzade M, **Sajadi S**, Emadi A Ann Mil Health Sci Res. 2011; 9 (1) :1-5

**Congress abstracts:**

A comparison of Magnetic resonance imaging with Electrodiagnostic findings in the evaluation of clinical radiculopathy: A cross Sectional Study,

14th congress of Iranian society of Physical Medicine and Rehabilitation, 2010, December

Rehabilitation in Bell's palsy,

15th congress of Iranian society of Physical Medicine and Rehabilitation, 2011, December

Evaluation of neuropathy in workers predispose to inhalation of N-hexan,

15th congress of Iranian society of Physical Medicine and Rehabilitation, 2011, December

Electrodiagnostic study regarding denervational potentials in skeletal muscle located near and distant from burn site in rat,

2th international Tehran burn symposium, 2012,7-9 march

Electrodiagnostic study regarding denervational potentials in skeletal muscle located near and distant from burn site in rat,  
17th congress of Iranian society of Physical Medicine and Rehabilitation, 2013, December

Geriatric consideration in rehabilitation of patients with SCI,  
4th national congress on spinal cord injury, 2013, February

Rehabilitation intervention in multiple sclerosis,  
4th basic and clinical neuroscience congress 2015, 23-25 December

An evidenced based approach to the rehabilitative and pharmacological management of spasticity after stroke,  
19<sup>th</sup> congress of Iranian society of Physical Medicine, Rehabilitation & Electrodiagnosis ,  
2016, 3-5 February

**Evidence-based approach in multiple sclerosis rehabilitation,**  
20<sup>th</sup> congress of Iranian society of Physical Medicine, Rehabilitation & Electrodiagnosis ,  
2017, March

کارآزمایی بالینی اثر بیوفیدبک عضلات کف لگن در درمان بیماران مبتلا به درد دنبالچه  
۲۰مین کنگره طب فیزیکی و توانبخشی و الکترودیآگنوز، اسفند ۹۵

مقایسه اثر پلاسمای غنی از پلاکت و کورتیکواستروئید در درمان استنواآرتريت زانو  
۱۷مین کنگره انجمن طب فیزیکی و توانبخشی ایران، آذر ۹۲

مروری توصیفی بر ردمانهای غیرجراحی درد دنبالچه  
۱۷مین کنگره انجمن طب فیزیکی و توانبخشی ایران، آذر ۹۲

Oral presentations:

A comparison of Magnetic resonance imaging with Electrodiagnostic findings in the evaluation of clinical radiculopathy: A cross Sectional Study,  
14th congress of Iranian society of Physical Medicine and Rehabilitation, 2010, December

Osteoporosis rehabilitation,  
Osteoporosis diagnosis and treatment congress, 2010, February

Rehabilitation in Facet joint syndrome, 2012, March

Electrodiagnostic study regarding denervational potentials in skeletal muscle located near and distant from burn site in rat,  
2th international Tehran burn symposium, 2012, 7-9 march

Rehabilitation in geriatrics,  
Geriatrics medicine and health, 2012, December

Electrodiagnostic study regarding denervational potentials in skeletal muscle located near and distant from burn site in rat,  
17<sup>th</sup> congress of Iranian society of Physical Medicine and Rehabilitation, 2013, December

Geriatric consideration in rehabilitation of patients with SCI  
4th national congress on spinal cord injury, 2013, February

Fall prevention and risk factor,  
Health center, 2014, December

Osteoporosis rehabilitation,  
Scientific congress, 2015, April

Evidenced –based approach in low back pain,  
International pain congress, 2015, May

Rehabilitation intervention in multiple sclerosis,  
4th basic and clinical neuroscience congress 2015,23-25 December

Nutrients and supplement therapy in osteoporosis,  
3th symposium of osteoporosis, 2015, December

An evidenced based approach to the rehabilitative and pharmacological management of  
spasticity after stroke,  
19th congress of Iranian society of Physical Medicine, Rehabilitation & Electrodiagnosis , 2016,  
3-5 February

Evidence-based approach in multiple sclerosis rehabilitation,  
20th congress of Iranian society of Physical Medicine, Rehabilitation & Electrodiagnosis , 2017,  
March

### Workshop and courses:

Short course on medical education, 2011

Dysport injection in spasticity, 2011

Scientific writing, 2011

Research methodology, 2011

Evidenced-based medicine, 2011

Research in education, 2011

Guideline development, 2012

Sonography in musculoskeletal disease, 2012

Repetitive transcranial magnetic stimulation, 2015

Knowledge Translation & Exchange, 2015

Foundations of Scientometrics, 2015

Electromagnetic therapy, 2017

Systematic review, 2017

Cost-effectiveness study, 2017